

Please join Michele at her BOOK-Signing and Lecture

for : Woman's Wisdom

Sunday, October 28th, 2007 at 2:30.

at Elephant Pharmacy on Shattuck in Berkeley,

This little book is a spiritual, hypnotic guide for moments of decision making in life, based on 100 short verses-- with a spin to help you shift from rigid thinking into a creative state. Truly a Mamma's Tao!

During the lecture you will learn about how to deal better with:

Time and Timing,

Openings and Closings,

Life's Gifts,

The Teacher,

The Sink Hole

How to Develop your own Daily Practice,

(BOOK SOLD EXCLUSIVELY ON WEBSITE OR BY PEGASUS On Shattuck at Durant in Berkeley)

About Dr. Ritterman:

Michele is a licensed psychologist who was formerly the student of Milton H. Erickson, M.D., Salvador Minuchin, Jay Haley and Braulio Montalvo. For the last thirty years, she has lectured around the globe about how to help people wake up from negative trances that seem to be spontaneously induced. She demonstrates that these trances are suggested in observable ways, by loved ones, oneself or the society or government around us. To take charge of our lives we need to pick and choose what people or institutions we want to be suggesting what state of mind we are in! In 1983, she pioneered the now widely used concept that the symptom is a trance state.

Michele Ritterman is the author of three books, Hope Under Siege: Terror and Family Support; Using Hypnosis in Family Therapy(available from ZeigTucker); and Woman's Wisdom (Skipping Stones Editions). She has published widely and some of her papers, may be downloaded from her website: www.micheleritterman.com.

See website for details www.micheleritterman.com Michele teaching :

- at Esalen, Nov. 25th-30th, 2007

- at the Phoenix, The Erickson Congress in December

- and for CAMFT in January

